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of coverage**

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who hands
out your
Metro?**

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stories in
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worth –
well, you
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time when
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A DECADE OF METRO

Anniversary. On May 5, 2004, Metro New York first launched in New York City. **Milestones.** The Big Apple's No. 1 free daily newspaper reflects on the past 10 years of covering the greatest city on Earth. PAGES 19-32

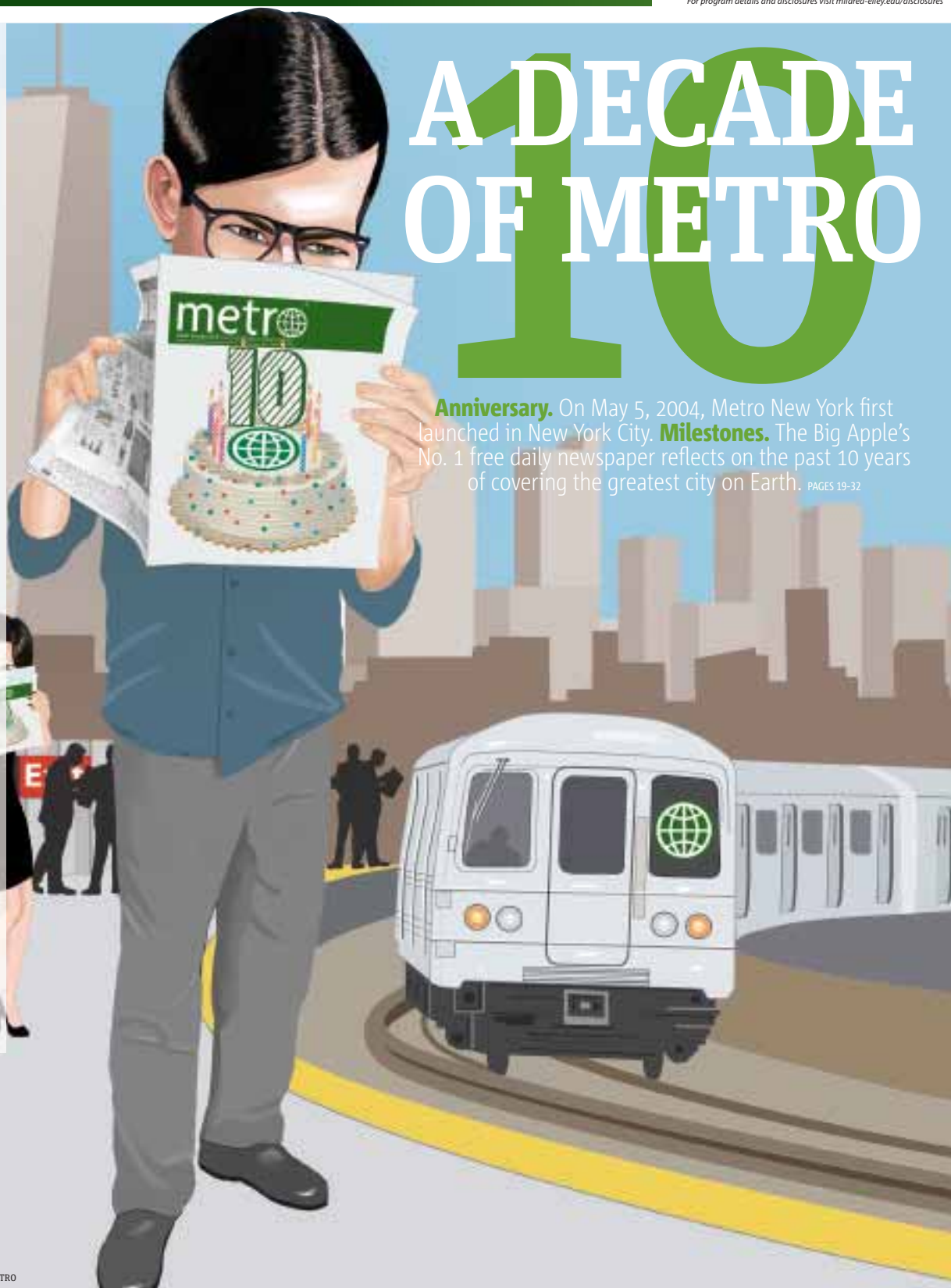


ILLUSTRATION BY BILLY BECERRA/METRO

1 NEWS

Downtown Momentum

Get ready for a new magazine

Downtown Momentum, Metro's premiere lower Manhattan magazine, will hit newsstands on May 29. This special magazine (one of many in a summer series) will explore New York's best dining, shopping, real estate and family fun. If you're interested in advertising, you have until May 16 to book your ad.

Call 212-457-7735 or email advertising@metro.us for more info.



Top 3

Trending online at Metro.us

1 'Who will Floyd Mayweather fight next?'

2 'Watch aerial performers plummet in Providence circus accident'

3 PHOTOS: Artist Christoph Gielen spots interesting patterns in urban sprawl'

Ex-cop charged with hate crime in graffiti spree



Unorthodox. He reportedly scribed over 20 anti-Semitic messages in paint.

A former NYPD officer was arrested and charged with a hate crime after he allegedly spray-painted more than 20 anti-Semitic messages on buildings and vehicles throughout the

heavily Orthodox Jewish neighborhood of Borough Park on Saturday night, police said.

A man was captured on security video defacing the side of the Bnos Zion of Bobov girls' school with slurs using pink spray paint. The graffiti, found between 13th Avenue and 16th Avenue, included swastikas and profanity.

It wasn't immediately clear if the man in the video and the ex-police officer from Queens — identified

'Sickening'

"Anti-Semitic crimes are outrageous, sickening and have no place in New York City — period."

Melissa Mark-Viverito

as Michael Setiawan, 36, who resigned from the NYPD in 2007 — were the same man.

Setiawan was charged with criminal mischief as a hate crime, criminal mischief and aggravated harassment as a hate crime, police said.

Borough Park City Councilman David Greenfield called the graffiti spree "unconscionable."

"The crime is only more appalling that it was done on the holiest day of our week," Greenfield said. "I have spoken with the NYPD and have full confidence that the hate crimes

unit is taking this very seriously and will be bringing the despicable coward who committed these acts to justice soon."

City Council Speaker Melissa Mark-Viverito echoed those sentiments.

"These anti-Semitic crimes are outrageous, sickening and have no place in New York City — period," Mark-Viverito said.

EMILY JOHNSON
@metronyork
laura.shin@metro.us



Potential Jedis hone their skills at NYC celebration

Future Jedi knights came to Ripley's Believe It or Not! Times Square on Sunday to train with the New York Light Saber Academy. The event was part of "May the Fourth Be With You!" celebrations of the film franchise that took place worldwide. Festivities included "Star Wars" trivia as well as light saber duels. Each Jedi-in-training received a Light Saber Academy certificate. / MILES DIXON, METRO

Repeat offender

Police seek Bronx slasher

Police are looking for a man suspected of slashing five people in the face in Mott Haven on Saturday.

Between the hours of 7 a.m. and 11:40 a.m., a man approached five victims separately and slashed them in the face before running away, police said.

The first four attacks took place near the intersection of East 148th Street and Willis Avenue. The fifth attack took place near Oak Terrace and Crimmins Avenue.

All of the victims were men between the ages of 23 and 50.

Anyone with information can call 1-800-577-TIPS.

EMILY JOHNSON

Dangerous sleep

Armed teen nabbed while napping on N train

Cops arrested a South Carolina teenager on Saturday after police found him asleep on a subway train with a gun in his hand.

Demarrius Jackson, 19, of Columbia, South Carolina, had nodded



The weapon / NYPD

off on the southbound N train when a female passenger saw the teen holding a gun.

After alerting the conductor for assistance, police said three officers approached the train, which was held at the Times Square station, and arrested the teen.

The officers also reportedly found marijuana on the teen.

CHESTER JESUS SORIA

Hudson. Ship towed after getting stuck

A Norwegian cruise ship became stranded in the Hudson River after an equipment malfunction Sunday, Coast Guard officials said.

The Norwegian Breakaway, returning from a seven-day cruise in the Caribbean, was unable to steer after a thruster malfunction.

The Coast Guard received word of the problem at 7:45 a.m. and ordered a tugboat to tow the ship to a west side pier around 10 a.m.

Norwegian Cruise Line notified guests scheduled to leave on the ship Sunday that its departure was pushed back to 5 p.m. EMILY JOHNSON

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NEW YORK

4

Schumer says no to sales of powdered booze

Bottoms up. The senator says that the substance has potential to be more dangerous than Four Loko.

The next big drinking fad won't get a chance to be one if Sen. Chuck Schumer has his way.

The lawmaker is calling on the Food and Drug Administration to intervene and ban the sale of powdered alcohol before it can hit city shelves this fall.

Produced by Lipsmark LLC, the freeze-dried alco-

hol known as "Palcohol" was approved by the Alcohol and Tobacco Tax and Trade Bureau in April only to have it rescinded due to erroneous labeling about alcohol content.

The powder, which comes in flavors like cosmopolitan, mojito and margarita, can be added to water, food or potentially snorted for an alcoholic buzz.

Schumer likened the substance to the caffeinated alcoholic beverages Four Loko. Referred to as "blackout in a can," the drink was forced off the shelves in 2010 until the caffeine was removed.

Palcohol, Schumer



Sen. Chuck Schumer
GETTY IMAGES

warned, stands to be more dangerous than Four Loko ever was.

CHESTER SORIA
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A colorful way to start the season

People celebrated the Indian Holi Festival at a "Festival of Colors" celebration on Saturday in Brooklyn. The Hindu event marks the arrival of spring where participants throw colored powder on each other to celebrate the new season and the triumph of good over evil. / GETTY IMAGES

Campaign promise

De Blasio releases plan for affordable housing

Last week, Mayor Bill de Blasio's labor agreement with the teacher's union forced him to push back the release of his blueprint for affordable housing to today.

He previously committed to the building or preservation of 200,000 affordable housing units.

During an interview with PBS' Charlie Rose last week, de Blasio said that his plan would reach some half-million New Yorkers.

"We need more affordable housing," the mayor

said, "more hiring of local residents, where we need space for schools, we'll get that space built in. It will be a better set of community benefits."

A report by the New York Post suggest the plan might call for something similar to a mansion tax on high-end real estate.

CHESTER JESUS SORIA

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New Yorkers declare 'victory' in war on weed

Some city residents took to the streets on Saturday afternoon as part of the NYC Cannabis Parade to call declare "victory" in the national war on marijuana and to push for medical marijuana and full legalization in New York state. Declaring that public opinion was now firmly on their side, cannabis advocates marched along Broadway to Union Square. "New York is in a 'perfect storm' moment," said Noah Potter, parade co-organizer and law blogger. "After almost 20 years of frustration in the struggle to pass a medical marijuana law, there is now a full legalization bill pending in both houses." /MILES DIXON, METRO

Time for a Sweeter Career (in 6 months!)

Come to International Culinary Center to learn about the Professional Pastry Arts program, under the dynamic direction of "Mr. Chocolate," Jacques Torres, celebrating his 20th year at ICC. The Total Immersion course, with small, hands-on classes—and new internships at Jacques' shops—has given rise to such entrepreneurial talents as Christina Tosi (Momofuku Milk Bar), Nick Bonamico (Bouchon) and Rebecca DeAngelis (Babbo). **Make this the year you do what you love.**



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Price. All eyes on \$1.5 billion of art under the hammer in NYC

Six months after the record was set for the most expensive painting in auction history at the biggest-ever sale of art, eyes are trained on New York's upcoming auctions for signs of whether the boom will continue or the bubble will burst.

With some \$1.5 billion worth of Impressionist, modern and contemporary art hitting the block at Sotheby's and Christie's over the next two weeks, the stakes are high for the two arch rivals as they strive to tap a market characterized by insatiable demand and deep pockets.

"The auctions are getting bigger and prices are getting bigger. But it makes sense, what they're growing to," said Alex Rotter, Sotheby's co-head of worldwide contemporary art, adding, "It's a market driven by quality."

While few expect any individual work to top the \$142 million fetched by a Francis Bacon triptych in November, both houses are featuring works by the British painter as consignors seek to capitalize on soaring prices for blue chip artists' best work.

Other expected highlights include works by Andy Warhol and Jeff Koons, who set a record for work by a living artist in last autumn, as well as masterpieces by Pablo Picasso and Claude Monet.

Sales of contemporary art alone, which has seen prices soar in the past decade, are expected to total nearly \$1 billion.

In the most recent test of the market, the February sales in London met or exceeded expectations and set records.

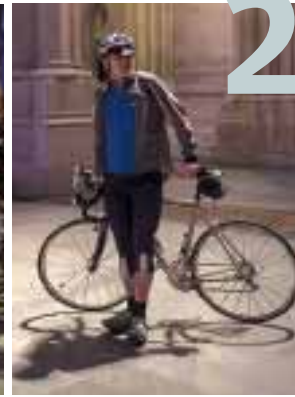
The sales kick off on Tuesday at Christie's and on Wednesday at Sotheby's. **REUTERS**

The 16th Annual Blessing of the Bikes

1



2



1 Reverend Julia Whitworth led the 16th Annual Blessing of the Bikes at the Cathedral Church of St. John the Divine on Saturday in New York City.

2 A rider waits to have his bike blessed at the event at Cathedral Church of St. John the Divine.

3 Attendees could have their bikes sprinkled with holy water and participate in a moment of silence to remember cyclists who died in New York City in the last year. At the end of the event cyclists rang their bells in honor of the fallen riders.

4 Cyclists showed up at 9 a.m. to have their bikes blessed at the event. All faiths were welcome.

GETTY IMAGES

3



4



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Democrats should boycott the Benghazi panel, Rep. Schiff says

Discord. They underscored the partisan tensions that continue 20 months after the attacks.

Democrats should boycott a select committee that House Speaker John Boehner plans to form to investigate the 2012 attacks on a U.S. mission in Benghazi, Libya, Representative Adam Schiff said.

The California Democrat, who sits on the House intelligence committee, said on Sunday there's no reason for Democrats to participate

in another probe of the Benghazi attacks that's aimed partly at undermining former Secretary of State Hillary Clinton's potential presidential bid in 2016.

"It's a colossal waste of time," Schiff said on "Fox News Sunday."

The attacks that killed U.S. Ambassador Chris Stevens and three other Americans and became a political flashpoint in the 2012 presidential election.

Boehner called for a select committee last week after the release of a White House e-mail that Republicans say shows the Obama administration tried to blame the attacks on an anti-Islamic video for po-

litical advantage.

"The administration still does not respect the authority of Congress to provide proper oversight," Boehner said in a statement outlining his decision. "This dismissiveness and evasion requires us to elevate the investigation to a new level."

BLOOMBERG

Bloomberg poll

51%

A poll in March found that 51 percent of adults don't believe former Secretary of State Hillary Clinton's claim that she never saw requests for increased security at the Benghazi mission before the attacks.



The wreckage of a car sits inside the U.S. Embassy compound on Sept. 12, 2012, in Benghazi, Libya. / GETTY IMAGES

Show mishap

Circus performers hurt in R.I. after scaffolding collapse

Scaffolding collapsed during a circus performance in Rhode Island on Sunday, injuring as many as 20 performers, nine of them critically, the Providence Fire Department said.

Witnesses told the Providence Journal the performers were in the middle of an aerial act, spinning on ropes tethered to the scaffolding, when the structure suddenly fell and they dropped 20 to 45 feet to the ground. **REUTERS**

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April surge. Economy and payrolls strengthening: Federal Bank prez

The U.S. economy is "moving in the right direction" and "getting stronger" as private-sector payrolls increase, said Richard Fisher, president of the Federal Reserve Bank of Dallas.

"The private sector is beginning to hire," said Fisher, a voting member of the central bank's policy committee, said on the Fox News program "Sunday Morning Futures." "We'd

like to see that continue and, in fact, increase."

Employers added 288,000 jobs in April, the biggest monthly gain in two years, the Labor Department reported May 2. At the same time, more than 800,000 people abandoned the labor force and the share of working-age Americans in a job or looking for one fell to a 36-year low.

Quoted

"We're continuing to see job creation." Fisher

"We're continuing to see job creation," and people who want jobs "will start looking for work, join the workforce, be hired, as business expands in the United States," Fisher said.

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Obama's 10 best one-liners

10 "I usually start off these dinners with a few self-deprecating jokes. After my stellar 2013, what could I possibly talk about?"

9 "At one point things got so bad, the 47 percent called Mitt Romney to apologize."

8 "In 2008 my slogan was 'Yes We Can.' In 2013 it was 'Control-Alt-Delete.'"

7 On the host, comedian Joel McHale, and the gala's reputation: "On 'Community,' Joel plays a preening, self-obsessed narcissist. So this dinner must be a real change of pace for you."

6 On CNN: "I am a little jet-lagged from my trip to Malaysia — the lengths we have to go to get CNN coverage these days." Obama followed up by saying that lost-Malaysian-plane-obsessed CNN was probably still trying to find its table.

5 On the Boston Marathon: "An American winning the Boston Marathon was inspiring and 'only fair, because a Kenyan has been president

for the last six."

4 On Fox News and the prospect of a Hillary Clinton presidency: "Let's face it, Fox, you'll miss me when I'm gone. It'll be harder to convince the American people that Hillary was born in Kenya."

3 On Nevada rancher Cliven Bundy: "As a general rule, things don't end well when a sentence starts, 'Let me tell you something about the negro.'"

2 On how well Obamacare would have to work for Republicans to quit trying to repeal it: "What if your yearly checkup came with tickets to a Clippers game? Not the old Don Sterling Clippers, the new Oprah Clippers. Would that be good enough?"

1 And, judged by audience response, his best effort of the night: "These days the House Republicans actually give John Boehner a harder time than they give me ... which means that orange really is the new black."

BLOOMBERG

Washington gridlock butt of Obama jokes



President Barack Obama speaks at the annual White House Correspondent's Association Gala. / GETTY IMAGES

White House Correspondents' Dinner. Hollywood and the media elite joined for the event.

President Barack Obama poked fun at himself and what he called a hard year but aimed his most caustic humor at Washington gridlock on Saturday when the political and media elites gathered at the annual White House Correspondents' Association dinner.

"In 2008 my slogan was, 'Yes we can.' In 2013, it was 'Control-alt-delete,'" Obama joked to an audience also studded with film and television stars.

"At one point, things got so bad the 47 percent called Mitt Romney to apologize," he said, referring to 2012 presidential campaign scandal in which

the Republican candidate was secretly taped saying that 47 percent of Americans have become reliant on government handouts.

The president highlighted some of the low points of his administration's last year, dwelling on the disastrous rollout of the website for his landmark health insurance reform legislation.

"Of course we rolled out HealthCare.gov. That could have gone better," he deadpanned.

REUTERS

Guests

2K

More than 2,000 guests packed the ballroom of the Washington Hilton, where the capital's political and media worlds collide every year in lubricated goodwill punctuated by a long dash of glamour on loan from Hollywood.



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First openly gay Episcopal bishop announces he is divorced from husband

Former bishop. He is now a senior fellow at the Center for American Progress in Washington.

The first openly gay bishop in the Episcopal Church, whose election to lead the diocese of New Hampshire kicked off a firestorm of controversy a decade ago, said on Sunday he was divorcing his husband after four years of marriage.

Gene Robinson, who retired as a bishop in 2013, announced the split in a letter to the Episcopal Diocese of New Hampshire and in a personal essay published in the *Daily Beast*, where he wrote that his "belief in marriage is undiminished."



The Rev. Gene Robinson at his consecration as Bishop Coadjutor of the Episcopal Diocese of New Hampshire on Nov. 2, 2003. / GETTY IMAGES

"It is at least a small comfort to me, as a gay rights and marriage equality advocate, to know that like any marriage, gay and lesbian couples are subject to the same complications and hardships that afflict marriages between heterosexual couples," he

said.

Robinson's election in 2003 as bishop of the New Hampshire diocese stirred protest in the Episcopal Church, the U.S. branch of the worldwide Anglican Communion. Hundreds of parishes opposed to his consecration left the 2.3

Quoted

"We ask for your prayers, that the love and care for each other that has characterized our relationship for a quarter century will continue in the difficult days ahead."

Robinson said in a statement to the Diocese of New Hampshire.

million-member Episcopal Church, saying it was becoming too liberal.

He said details of his divorce from Mark Andrew, whom he married in 2010 when gay marriage was legalized in New Hampshire, would remain private. **REUTERS**

Puzzled. Malaysian Air searchers ponder what will come next

Investigators hunting for Flight 370 regrouped on Sunday on where to take the almost two-month search that's found no sign of the jet and prompted Malaysian Airline System Berhad to send passengers' families home with more money than answers.

Officials from Malaysia, China and Australia met in Canberra to shape a new phase of the search

after a 58-day multi-nation hunt by planes, ships and submarines found no debris and couldn't pinpoint pings consistent with transmissions from flight recorders. The search may go on for as long as 12 months depending on weather conditions, Angus Houston, who heads Australia's Joint Agency Coordination Center, said May 2. **BLOOMBERG**

Four wounded

Ark. gunman had mental health issues

A gunman in Arkansas who killed three people, including a 12-year-old girl, and wounded four others before taking his own life had been released recently from a

mental health treatment hospital, police said on Sunday.

The suspect in Saturday's shooting rampage, identified as Porfirio Hernandez, 40, was acquainted with his victims, Jonesboro Police Chief Mike Yates said. The motive for the shootings was unclear. **REUTERS**



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Pro-Russians storm Odessa police station, PM slams local police

Broke down the gate. Odessa police said 67 activists were allowed to walk free.

Pro-Russian militants stormed a Ukrainian police station in Odessa on Sunday and freed nearly 70 fellow activists as the country's leaders lamented a police force they said was widely undermined by graft or collaboration with separatists.

Militants chanted "We will not forgive!" and "Russia!" as they smashed windows and broke down the gate at the compound two days after over 40 pro-Russian activists died in a blaze at a building they had occupied after clashes with pro-Kiev groups.

Some officers were offered the black and

orange St. George's ribbon, a Russian military insignia that has become a symbol of the revolt, and were cheered by the crowd of several hundred.

Prime Minister Arseny Yatseniuk, speaking in the Black Sea port, was pointedly critical of the Odessa police: "If the law enforcement system in Odessa had worked not exclusively on the 'Seventh Kilometer' and had protected people, then these terrorist organizations would have been foiled," he said.

REUTERS

Independence

23

The Seventh Kilometer is an open market on the edge of Odessa, associated in the popular consciousness with the corruption and black market business that have blighted Ukraine's 23 years of post-Soviet independence.



A Pro-Russian militant reacts after being freed by police following the storming of a police station in the southern Ukrainian city of Odessa on Sunday. / GETTY IMAGES

Pipeline deal

Side deals with Moscow thwart drive to wean Europe off Russian gas

While officials in Brussels were calling for Europe to reduce its dependency on Russian natural gas and negotiate with Moscow as a bloc, Austria was quietly bypassing the European Commission to cut its own bilateral deal on building a pipeline.

The deal on the South Stream pipeline, which will be built under the Black Sea to Bulgaria and on to central Europe, shows the European Union's difficulty in creating a unified energy policy on Moscow during the Ukraine crisis.

While EU officials are calling for Europe to wean itself off Russian gas, private and state-owned firms are pushing ahead with projects to buy ever more.

Austrian energy firm OMV agreed last week with Russia's state-controlled Gazprom to bring the South Stream pipeline to Austria's Baumgarten gas hub, outmaneuvering Italy, which had wanted it to end there.

The deal is also likely to please some in neighboring Germany, as the gas will now be delivered closer to customers.

When it comes to natural gas diplomacy, European countries still have their own competing interests which are difficult to unite under an EU flag.

REUTERS

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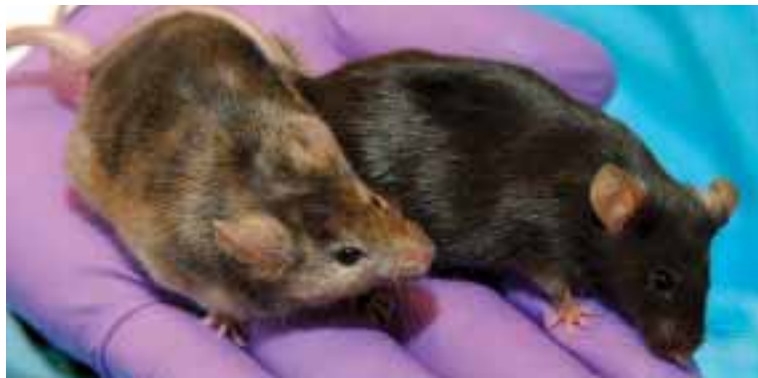
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Blood of young mice rejuvenates brains and muscles of old ones



Examining the brains of aged mice exposed to young blood, the scientists found both structural and molecular differences from regular old brains. / GETTY IMAGES

Research. Three separate studies show that blood can act as a fountain of youth.

If three discoveries in mice reported on Sunday are applicable to people, making old brains and old muscles perform like young ones may require simply a blood transfusion.

In two of the studies, giving the blood of young mice to old ones undid age-related impairments in the brain, reversing declines in learning and memory and boosting the creation of new neurons and the ability of the brain to change its structure in response to experience.

The third study found that a protein in the blood of young mice improved

the ability of old ones (comparable to a 70-year-old person) to exercise.

"I think the study is quite wonderful," said neuroscientist Eric Kandel of Columbia University, who shared the 2000 Nobel Prize in medicine for his studies on the molecular basis of memory, referring to one of the brain papers.

"It suggests there may be diffusible factors in the blood that are age-dependent, and if you can isolate these substances you might be able to give them as dietary supplements," added Kandel, who was not involved in the studies and, at 84, continues to conduct research.

Previous studies had shown that giving young mice blood from old mice impaired their cognitive function. But these discoveries are the first to show the opposite: Young blood

can reverse age-related impairments.

Old codgers exposed to young blood improved markedly on two standard tests of learning and memory. They made fewer errors navigating a "water maze" and they learned that a specific environment was associated with an electric shock.

REUTERS

Months old

3

Biologists led by Tony Wyss-Coray of Stanford University and Saul Villeda of the University of California, San Francisco described two ways of exposing old mice to young blood. They either injected plasma from 3-month-old mice (young adults) into 18-month olds, which are near the end of their lifespan, or surgically connected the circulatory system of a young mouse to that of an old one.

Health. Officials: Man treated for deadly MERS virus is improving

A health care worker being treated in Indiana with the first U.S. case of the often fatal Middle East Respiratory Syndrome is in good condition and improving daily, the state health department said on Sunday.

State and federal health officials confirmed on Friday that the man had been diagnosed with the virus after traveling to Riyadh, Saudi Arabia, and exhibiting symptoms upon his return to the

Symptoms

14

MERS symptoms can take up to 14 days to occur, and the virus has no known treatments.

United States.

"We are very pleased the patient is improving and no other cases have been identified at this time," said Dr. William VanNess II, Indiana's state health commissioner.

Medical staff members who came into direct contact with the ill man before he was placed in full isolation at Community Hospital in Munster, where he remains, were taken off duty and put in temporary home isolation, state health officials said.

They will be allowed back to work after the incubation period ends and their laboratory results are confirmed to be negative for the virus, the state said. **REUTERS**



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INROADS can get interns on the right track

Profile. A successful businessman shares how his internship helped him.

As students set their minds on summer internships, now is the time for them to learn how to assess and evaluate internship opportunities. There's nothing worse than spending your summer fetching coffee and filing paperwork. INROADS is one of the most prestigious internship programs in New York City, and there's no better proof of that than Isaac Rodriguez, who went through the program and eventu-

ally became president of Provident Loan.

INROADS is a nonprofit summer internship program that helps identify, mentor and develop kids that typically don't get a chance in corporate America. The organization's mission is to place talented under-served youth in business and industry. "INROADS taught me how to dress, how to shake hands and make eye contact," Rodriguez says. "I didn't know any of that. I was just a boy from Queens. But the program really showed me how corporate America works. It gave me the opportunity to meet with individuals from Fortune 500 companies

and gave me meaningful contacts. They taught me what no books ever could. And they paid me to be there!"

Although Rodriguez returned every summer to INROADS, he says that there is no guaranteed spot. Students must be invited back by the company and have to reapply every year. After college, Rodriguez spent 25 years as a commercial bank lending officer in New York City and then worked for a regional community bank before being offered the position with Provident Loan.

"I didn't even apply for the position," Rodriguez says. "They just saw my experience and my



This is exactly what you do NOT want to do as an intern. / DIGITAL VISION

The ideal intern

Listen up, kids!

Having been on both sides of the spectrum, Rodriguez says what he looks for in a prospective intern is what he tried to be as an intern himself.

"I look for an individual who listens, has initiative

and is polished," he says. "When I look at a résumé, I look at their personal experience, their GPA and what they got involved in. I want someone who shows leadership qualities and communication skills. Basically, someone who's going to listen and learn."

commitment and offered [it to] me. And that never happens." Rodriguez says he might not have been named president if he hadn't been set on the right path by INROADS. "It's really all about giving back to the community," he says.

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Investigation. Dozens of colleges may have mishandled sexual assault cases on campus

Dozens of U.S. colleges and universities are under investigation for possible violations of federal law in the handling of sexual assault and harassment complaints on their campuses, the Obama administration said last week.

The Department of Education's Office for Civil Rights released a list of 55 colleges being investigated, a move that the agency expects will encourage dialogue and coax schools to toughen up on how they deal with sexual violence.

Among the schools on the list are Michigan State



One in five female college students experience a sexual assault during their time at school. / FUSE

See more at
www.metro.us

By the numbers

20%

According to the White House, one in five women, and a smaller number of men, are sexually assaulted during their college years, with cases often going unreported.

University, Arizona State University, Princeton University, Catholic University of America, Florida State University and Swarthmore College.

"We are making this list available in an effort to bring more transparency to our enforcement work and to foster better public awareness of civil rights," Catherine Lhamon, the

Education Department's assistant secretary for civil rights, said in a statement.

The comprehensive list released last week is the first of its kind. The move is part of the administration's efforts to curb sexual harassment and sexual violence, especially in colleges, and to push schools to do more to prevent and punish on assaults. **REUTERS**



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Study notes

Got fish?

There's something fishy going on at Boston University (but not in a bad way). Three dining halls met local fishermen who served their local catches on April 24. Fishermen who actually caught the seafood in the Catch of the Day meal talked about their livelihood operating small boats from Rhode Island to Maine.

A few years ago, BU's Dining Services launched a partnership with Red's Best. They began collaborating on their weekly Catch of the Day meal for students to enjoy fresh seafood with a traceable QR code noting where the fish were caught, who caught them and the captain's home port.



Nahum Villanueva, left, and Claudio Flores work at Red's Best, a local seafood supplier in Boston that recently struck up a partnership with Boston University to provide fresh seafood every week. JACKIE RICCIARDI

Spectator sport

Stop the press!

Literally! Columbia University's student-run newspaper dating back to 1877, The Daily Spectator, will pull the plug on daily editions and publish on a weekly schedule instead.

Not without fallout, John R. MacArthur, president of Harper's and one of the 11 members on the Board of Trustees for The Spectator resigned. He wrote to his fellow trustees, "I don't want to be associated with the disappearance of the Spectator into digital oblivion."



It's easy being green

Temple University has been named one of the most environmentally



responsible schools in the country. Per a 2013 Princeton Review survey, 62 percent of nearly 10,000 college applicants revealed their decision to either apply or attend an institution was going to be impacted by information related to

the school's commitment to the environment.

Temple was praised for creating its Office of Sustainability after signing the American College & University Presidents' Climate Commitment, which addresses global climate

disruptions made by higher ed institutions. The office also created an "eco village" — a pop-up exhibit featuring displays, performances and demonstrations about sustainability.

VICKI SALEMI



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Reflecting on 10 years in New York City

A letter from the publisher

Dear friends,

It is a great honor for me to wish New York's No. 1 free daily newspaper a very happy 10th birthday.

We launched Metro New York on May 5, 2004. A decade later, we are proud to put out the No. 1 free daily newspaper not only in New York but in Boston and Philadelphia as well.

In 2004, New York City was a different place. CBGB still existed, you could smoke in parks, the Mets won their first subway series and the iPhone was still just a twinkle in Steve Jobs' eye. Yes, a lot has changed in the past 10 years here in our beloved city. But what has stayed the same is our resolve in this news medium and you, our faithful readers. Because of you, our team has continued to create and report because YOU



Yggers Mortensen / METRO

keep picking up Metro for your quick daily dose of news, sports and entertainment.

We wish our readers, advertisers and staff a hearty thank you for their loyal patronage these past 10 years in New York. We are proud to be here and proud to be New Yorkers.

And we can't wait for the next 10.

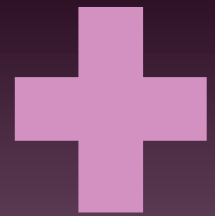
Yggers Mortensen,
publisher, CEO



The first edition of Metro New York, published on May 5, 2004. / GETTY IMAGES



HAPPY 10TH ANNIVERSARY IN NYC, METRO!



PLUS

Editor-in-chief

From
Dorothy
Robinson

Ten years ago, I was one of the lucky people to launch Metro New York. When Metro started, people thought there was no way we could deliver real news in small articles (now look at Twitter). They didn't see the value in "free" (now look at the Internet). They thought that being on the readers' level and presenting the news in a way that people could understand was laughable (now every media outlet does).

In our special anniversary section, please enjoy some of the best covers our art directors have designed (pages 30-31), interviews with two vital employees who work hard behind the scenes (pages 22, 28) and roundups of the biggest stories we've ever covered. Thanks for reading what we do — we wouldn't be here without you.





Breaking. Metro chooses its top stories of the past 10 years

It's been 10 years since Metro first hit the city's streets. From political scandals to natural disasters, here's a look at 10 stories that have impacted the five boroughs in the last decade.

2004: Mass arrests by NYPD at RNC protests

More than 1,800 protesters and bystanders were arrested during the Republican National Convention at Madison Square Garden in August. Charges were dropped in 90 percent of the cases. The city announced that it will pay \$18 million to settle lawsuits over the arrests.

2005: Transit strike on subway and bus service

Mass transportation came to a halt on Dec. 20 when the Transport Workers Union Local 100 called a strike after negotiations for a contract with the MTA broke down. Millions of commuters were left without transportation for 60 hours. Service resumed on Dec. 22 after state mediators brokered a deal.

2006: Groundbreaking for One World Trade Center Construction began on One World Trade Center on April 27. Formerly dubbed the Freedom Tower, the build-

ing reaches 1,776 feet.

2007: Midtown steam explosion

A steam pipe exploded underneath a busy Midtown intersection on July 18. A New Jersey woman died of cardiac arrest while fleeing; 45 others were injured.

2008: Spitzer's prostitution scandal

The New York Times reported on March 10 that then-New York Governor Eliot Spitzer had patronized an elite escort service. The scandal led to Spitzer's resignation two days later. Investigators said Spitzer,



referred to as Client-9, paid up to \$80,000 for prostitutes over a period of years.

2009: Bloomberg re-elected to a third term

After pushing for a change to the city's term limits law, Mayor Michael Bloomberg ran for a third term and defeated then-City Comptroller Bill Thompson 50.6 percent to 46 percent.

2010: Park51 controversy

A planned Islamic community center and mosque in Lower Manhattan attracted national attention in 2010 when protestors rallied against the project because



of its proximity to the World Trade Center site.

2011: Weiner resigns

Anthony Weiner tweeted a photo of his crotch on May 27 to a woman who was following him on Twitter. After days of denial, Weiner admitted that he exchanged inappropriate photos. He resigned on June 16.

2012: Superstorm Sandy

Sandy's storm surge hit the city on Oct. 29, flooding streets, tunnels and subway lines. It was the deadliest and most destructive hurricane of the 2012 Atlantic hurricane season, killing 53

people in New York.

2013: Mayoral election

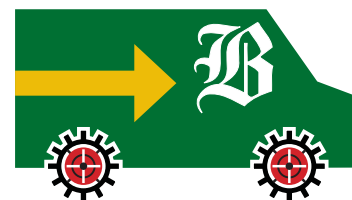
Anthony Weiner returned to the public eye for the first time since his scandal and ran for mayor. Bill de Blasio, who started out as an underdog, eventually won the Democratic nomination.

2014: East Harlem building explosion

An explosion leveled two East Harlem apartment buildings on March 12, killing eight people and injuring more than 70 others. City officials said that a gas leak caused the blast.

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Top NYC stories in 2004

In 2004, New York City saw the streets teeming with protestors and cops alike for one of the most controversial displays of NYPD crackdowns in modern history. It also saw the beginnings of developments that many New Yorkers today can enjoy or might soon — all stories that Metro began to chronicle when it hit the stands on May 5, 2004.

- **Jan. 7: 'Reflecting Absence' selected for 9/11 memorial**
The city whittled down more than 5,000 entries to design the World Trade Center's memorial to the two square reflecting pools that opened up to the public on the 10th anniversary of the Sept. 11 attacks.
- **March 10: Martha Stewart convicted**
The lifestyle magnate was found guilty in a New York courtroom of obstructing justice and lying to investigators asking about her sale of stock, eventually sentenced to five months



in prison.

- **May 26: City announces design for Fulton Transit Center**
The MTA released its plan for the redesigned downtown hub to better connect 11 subway lines and, after years of delays and funding woes, is scheduled to finally open this summer.
- **Aug. 30 to Sept. 2: RNC convention protests**
A series of rallies and marches timed around the GOP's national convention drew hundreds of thousands of protesters to Manhattan, along with more than 1,800 arrests by NYPD found in 2012 to have been unconstitutional.
- **Dec. 17: MTA hikes monthly, weekly fares**
The transit authority approved a jump in monthly MetroCards to \$76 and weeklies to \$24 that went into effect in 2005, promising more hikes to come. **CHESTER JESUS SORIA**

Metro Q&A: Velma Barnharzt

Interview.

Barnharzt has been distributing the Metro for just about as long as we've been in the city.

For a decade, Velma Barnharzt's smiling face has greeted New Yorkers eager for a fix of morning news. One of the newspaper's longest-serving promoters, the 52-year-old East Harlem resident told us about working early and her favorite part of the job.

What's the trick to giving out Metro papers?

You have to be a people's

Morning glory

Why do you think New Yorkers love Metro in the morning?

Metro is more like a daily newspaper, like the New York Times. They have a lot of information there.

person — smile to the commuters.

Do you say anything in particular?

"Good morning — Metro!" and "Have a nice day!" That's been working.

What's your favorite part about the job?
I would say the hours. Just being there.

Do you like dealing with



Velma Barnhardt hands out Metro New York papers in front of Grand Central Station. / BESS ADLER

morning commuters?

Yes. I love that — that's why I stayed so long.

Where have you passed out the papers?

I first started off at 86th Street and then I was at 96th Street for eight years. Now I'm on 110th Street and Lexington Avenue.

Do you have a favorite section of the paper?

I like the whole thing, but the horoscopes are my favorite. ... I like the

celebrity interviews — they tell it like it is.

How do you think the city has changed in the last 10 years?

Since Obama has been here, I think it's been a little more pleasant. And the new mayor — he's trying to do something for us, with the teachers and everything. I think that's a blessing for the kids.

ANNA SANDERS
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10 Biggest sports stories of the past 10 years

Play ball. A lot has happened in the past decade of New York sports. Do the names Tebow and Lin ring a bell?

The 1990s were a decade almost exclusively for the Yankees in New York sports. While they still often dominated the discussion over the last 10 years, they shared the spotlight much more.

All nine local teams made the playoffs at least twice and only the NHL's Islanders failed to win a playoff series.

We take a look at the last decade of sports in Metro New York.



MARK OSBORNE
@MetroNYSports
mark.osborne@metro.us

New stadiums

A major sports arena hadn't been built in New York City since the new Madison Square Garden in 1968. But that changed in 2009 when both the Yankees and Mets opened new stadiums — Yankee Stadium and Citi Field, respectively.

Super Sunday

When the Giants and Jets opened MetLife Stadium in 2010, they did it with the hope of a Super Bowl in mind. The wish was granted, but everyone feared a snowy mess. Instead, Feb. 2, 2014, was gorgeous. The game wasn't.



MARIANO RIVERA
ALL PHOTOS GETTY IMAGES

One 'Mo' time

The greatest relief pitcher of all time walked off the mound and into the sunset following the 2013 season. Mariano Rivera's five World Series titles and all-time record 652 saves were celebrated all season with a lap around the major leagues. It's not something you see often — that is until Derek Jeter announced the same. But that comes in Metro's next decade.

No sleep till ...

It took 55 years (from 1957 to 2012) but Brooklyn finally got another major sports team when the Nets moved into the Barclays Center. The state-of-the-art arena has a competitive franchise and billionaire owner. And in 2015, they'll add the Islanders to the stadium's tenants.

Giant repeat

The win in Super Bowl XLII will always be remembered more fondly, but four years later Eli Manning and the Giants beat the Pats again, 21-17, in Super Bowl XLVI.

Linsanity

Two years ago, Linsanity swept New York with unheralded Jeremy Lin, out of Harvard of all places, launching the struggling Knicks on a run to the playoffs. The Knicks let him walk just months later.

Collapse

We'll keep this one brief, as the Yankees choked away a 3-0 series lead to Boston in the 2004 ALCS.



Tebow time


New Jets QB Tim Tebow dominated off-field talk in 2012. It never translated to actual playing time. He was sent packing by spring 2013.


Encore title

It had become accepted as fact that the end of the Yankee Dynasty came with Luis Gonzalez's bloop single in October 2001. But the Core Four — Mariano Rivera, Andy Pettitte, Jorge Posada and Derek Jeter — took one last ride to a World Series title in 2009. By the end of this year, all four will be retired.

Defeated

The Patriots entered Super Bowl XLII at 18-0. But the Giants pulled off the biggest upset in title game history, 17-14, thanks to David Tyree and MVP Eli Manning.





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Memories. 'Human Computer' taxi driver recalls May 5, 2004

Do you remember where you were when Metro launched on May 5, 2004? Oleg Roitman, the cab driver better known as the "Human Computer," does.

"It was a Wednesday," he said. "I went to a conference for hand radio amateurs — people who connect to each other through Morse code and hand radios. I was interested in this many, many years ago and I drove to Connecticut for a conference."

As is his habit, Roitman then asked for this reporter's birthday and instantly responded with the correct day of the week.

Roitman, who lives in Queens, has a remarkable memory and the unique ability to mentally calculate any day of the week if you give him the date.

If you're lucky, you may just take a ride with the Human Computer, who will sign a souvenir slip with your date of birth



Roitman / COURTESY PHOTO

along with the day of the week. The certificate warns, "Do not try this at home, because your head is gonna explode!"

Roitman claims on his website that if you want to find him, there's a simple solution: "Just hold \$100 bill in your hands anywhere in New York City, and I will pick you up in no time."

ANDREA PARK

Flashback to 2004

The year of the monkey. Here's a refresher on what happened when Metro launched a decade ago.

Social media is on the books

Social media? No one had ever heard of it in 2004 — until Mark Zuckerberg in February launched what was then called Thefacebook.com at Harvard University. College students loved the concept and it quickly spread across the globe. A decade later, Facebook says it has 1.15 billion monthly active users around the world.

Abu Ghraib

In May 2004, after months of reports of prisoner abuse at the hands of U.S. soldiers at Abu Ghraib, for-



In 2004, George W. Bush won reelection over John Kerry in one of the nation's closest races. / GETTY IMAGES

Top story

The presidential election

Following the 2000 election that made us all too familiar with Florida's election process and the term "hanging chads," the 2004 election once again came down to one state. President George W. Bush beat Democratic

challenger John Kerry when he garnered Ohio's 20 electoral votes. Unlike 2000, however, Bush also won the popular vote with 51 percent to Kerry's 48 percent. Voter turnout also reached the highest it had been since 1968, with nearly 60 percent of the nation going to polls to cast their ballots.

mal charges were brought against those involved. Photos taken by U.S. sol-

diers showing Iraqi prisoners being humiliated and tortured, which eventually

led President Bush to issue a formal apology.

Gay marriage

Massachusetts became the first state in the U.S. to legalize same-sex marriage in May 2004, marking a major victory for the gay rights movement. Since then, 16 other states have legalized gay marriage.

Natural disasters

For many in 2004, the idea of a tsunami wiping an entire region off the map was something that only existed in the movies. That was until Dec. 26, when a 9.0 earthquake in the Indian Ocean sent a wall of water from Thailand to Somalia, killing 150,000 people and leaving hundreds of thousands without homes, food or water. The tsunami hit just weeks after four hurricanes devastated several parts of the U.S. East Coast.

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- "Congratulations on 10 years in New York City. Thank you for being a great partner with 92Y!" **ERIKA CREAGH, 92ND STREET Y**
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Metro Q&A: Ed Abrams

Interview. He's been here from the beginning, when "free" wasn't the buzzword it is today.

The power of print

Why do you still believe in the power of a newspaper?

Because newspapers — especially Metro — deliver instant and exceptional results for our clients. In terms of selling, you want to represent a product or service that works. And Metro works. Whether it's a grand opening, sale, open house or special event, Metro delivers for our advertising partners.

Ed Abrams was the first hire of Metro New York in 2004, so it seems fitting we interview him for our special anniversary issue. In his time here, Abrams has moved up the Metro ladder from sales director to executive sales director of Metro New York and sales director of Metro US. We chatted with him about what it's like to hold down the fort of your favorite daily newspaper for over a decade.

What are some of the big changes you've seen in your career here?
When I first started

at Metro, the biggest obstacle we had to overcome was the incorrect perception that because our newspaper was free, we didn't have value. That definitely has changed. We are now the largest newspaper in New York



Abrams got his start in sales at the age of 13, when he started a baseball card business with his brothers.

BESS ADLER

City and free is now the new norm with media.

What are your favorite parts of the paper, editorially?

Mainly the style in which the paper is written — concise articles that get right to the point. Who has time today to read anything but our style of journalism?

What do you think has changed with respect to what you have done in the sales department and

what the reader would notice?

The frequency of selling unique advertising units, like cover wraps. For example, we now run cover wraps just about every other day. Metro was at the forefront of creating ad units that had never been done before. Today all print products have copied Metro.

When you see people reading Metro, what do you notice or look for in that instant?

Are they looking at the ads? [Laughs] Probably just a sense of pride that what I do impacts over a million readers each day.

What's the one constant aspect to your life at Metro that you've noticed over the years?

The Metro spirit — we've always been the underdog and we've embraced and thrived in that role. We've had to work hard to achieve our success which has made these past 10 years so special. **METRO**

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Daily readers
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Marriages between Metro co-workers
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The cost of a single edition of Metro in 2014

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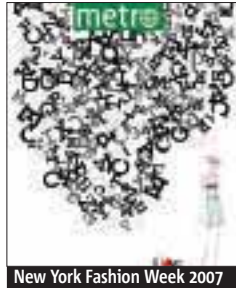
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Sept. 8, 2011



May 6, 2004. This was our second issue. As you can tell, a lot has changed with the design of our covers since then.

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At the theaters

'Mean Girls'
tops box office

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Lindsay Lohan was in a very different place 10 years ago. In May of 2004 she was 17 and "Mean Girls" was the No. 1 film at the box office in its opening weekend. Lohan was a promising talent, receiving the seal of approval from the film's writer Tina Fey, who in 2004 was readying her post-"Saturday Night Live" agenda. (Meanwhile, Jimmy Fallon began his post-"SNL" odyssey in '04.) "Mean Girls" also starred other talents who made good on their promising careers (Lizzy Caplan, Rachel McAdams and Amanda Seyfried).



These were things that mattered to the world 10 years ago.

GETTY IMAGES

Don't be so quick to walk away

Entertainment.

Most of what dominated popular culture when Metro NY first launched is still popular.

Looking back at what was dictating the entertainment headlines in 2004, the immediate reaction is, "Wow, that person/band/movie was around 10 years ago?" The changes in showbiz over the past decade have been subtle.

The year's biggest scandal — Janet Jackson's "wardrobe malfunction" as she and Justin Timberlake sang "Rock Your Body" at the Super Bowl — was a few months behind us at the time the first Metro hit the streets in New York.

The angular sounds of

Franz Ferdinand and The Killers were dominating rock radio with the singles from their debuts, the former coming out in February of that year, and the latter in June. And Modest Mouse achieved crossover success with their "Float On" single. Lupe Fiasco would later sample the song in 2010. OutKast dominated hip-hop in 2004 with their double-album "Speakerboxxx/The Love Below," which came out in September of 2003.

Beyonce was still releasing singles from 2003's "Dangerously in Love," and her husband-to-be, Jay Z, had held a "retirement party" concert in November of 2003. But H.O.V.A. came out of retirement in 2004 to create mash-ups with nu-metal band Linkin Park. Speaking of mash-ups, the art form was just beginning to gain some serious momentum in 2004

as Danger Mouse released his mash-up of The Beatles' "White Album" and Jay Z's "The Black Album," and called it "The Grey Album."

In television, "Arrested Development" had just wrapped its second season and Michael Cera had not yet branched out into a film career. "Friends" finished its 10-year run on May 6, 2004, and star Jennifer Aniston was still married to Brad Pitt. The couple would announce their separation at the dawn of 2005.

In other gossip of note, 10 years ago Britney Spears was married for 55 hours to a childhood friend named Jason Alexander. She would become engaged to Kevin Federline in July of 2004. K-Fed, we hardly knew ye.



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Celebrities. Glad to be at the GLAAD Awards



Everyone was all smiles at the 25th GLAAD Awards at NYC's Waldorf-Astoria over the weekend. And there was a lot to be celebrating: George Takei was honored for his hard work for the LGBT community, "Orange Is the New Black" won an award for best comedy series and Kylie Minogue performed some of her greatest hits. We also got to talk to the stars about the issues that the LGBT community is still facing.

1 **Kylie Minogue** wishes coming out weren't still such



a big deal. "When someone comes out in public now, it's still an event."

2 **Boy George** was rocking a red hat and some out-of-this-world glitter eye shadow at the awards, but he still had time to get serious with us for a moment. "I wish our political leaders would speak out more against the silly laws in Russia, Uganda or Brunei. If it was racism or anti-Semitism, there would be a much swifter reaction. I want to get there, where homophobia is the



same as any other 'ism.'"

3 "Star Trek" actor and activist **George Takei** was accompanied by his partner of more than 25 years. He's hoping for a more inclusive society. "There are local politicians like [Tennessee state senator] Stacey Campfield who's been trying to criminalize schoolteachers for using the word 'gay.' What I want is a climate where LGBT people will be recognized as a part of the community," he told us. **LASSE EMIL KRISTIANSEN**

'Orange' you GLAAD

Gossip from 'OITNB'

A whole bunch of the cast members from "Orange Is the New Black" attended the GLAAD Awards, and they all promised us that Season 2 of the show has been worth the wait. "You are going to learn a lot about the other inmates this season," **Laura Prepon** told us. And what about the rumor that she's only in a few episodes? "I'm in almost half of the episodes. About four."



"There, there, Joel. You still have 'The Soup.'" GETTY IMAGES

McHale is kind of a McFail at Correspondents' Dinner

Saturday's White House Correspondents' Dinner saw media moguls, pedantic politicians and do-gooding Hollywood celebrities chuckle uncomfortably at performer Joel McHale's 23-minute act that we wish had ended 20 minutes sooner.

Although the "Community" and "The Soup" star is usually hilarious, the crowd didn't quite feel his shtick translated well.

But McHale did have some gems, and Metro rounded up the best.

On Obama: "I'm a big fan of President Obama. He's one of the all-time great presidents. Definitely in the Top 50. Please explain that to Jessica Simpson."

On Hillary Clinton's presidential bid: "Hillary Clinton has a lot going for her as a candidate. As our first female president, we could pay her 30 percent less. That's a saving this country could use!"

On Obama's health: "Every year, the White House doctor checks the president's colon for polyps and George Clooney's head."

On politicians' sexting scandals: "Biz Stone, the founder of Twitter, is here. So if any of you Congressmen want to cut out the middle man, just show him your penis. Not now!" **CHRISTINA PACIOLLA**

If the paparazzi aren't there, did your birth really happen?

The answer is yes, as Kerry Washington, ever the secretive celebrity, gave birth to a daughter on April 21 with not a peep in the tabloids. TMZ (of course) eventually uncovered the birth certificate but notes something odd about Washington's husband, Nnamdi Asomugha's, involvement. "Weirdly ... Nnamdi signed the birth certificate more than a week after the birth,"



New mom Kerry Washington GETTY IMAGES

they wrote. What are you getting at here, TMZ?

THE WORD

Christina Paciolla takes on the world of gossip.

CHRISTINA PACIOLLA
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Talking points

Licensed to wed

Kanye West and Kim Kardashian are well on their way to wedded bliss.

Life & Style is reporting the power duo is officially married on paper, after a source told the magazine they got their license in California. They could just be teasing us though. They have 90 days to get married in the county in which they received their marriage license.

Plans are still reportedly on for their Paris wedding this month.



THEY MADE IT OFFICIAL. ALMOST.



Twitter feed

Today, Oprah gives a public service announcement, **Carson Daly** is doing a **Bloody Mary** study and **Meghan McCain** calls out the haters.

@Oprah: Morning everybody please know neither @tylerperry nor I have offered a scholarship on Twitter. Total Misuse of our names. And photos.

@CarsonDaly: Results of my independent drinking survey are in. (Spying on 10 Bloody Mary seekers at an airport bar) ALL 10 went for the "double" when asked

@MeghanMcCain: Some people on the internet sure are pissed off this morning I never started starving myself to adhere to their standard of beauty.

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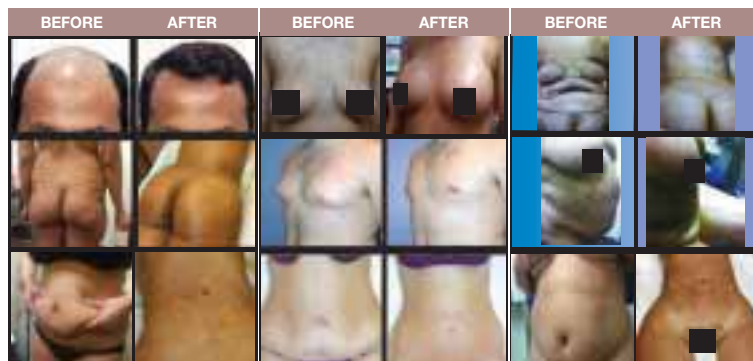
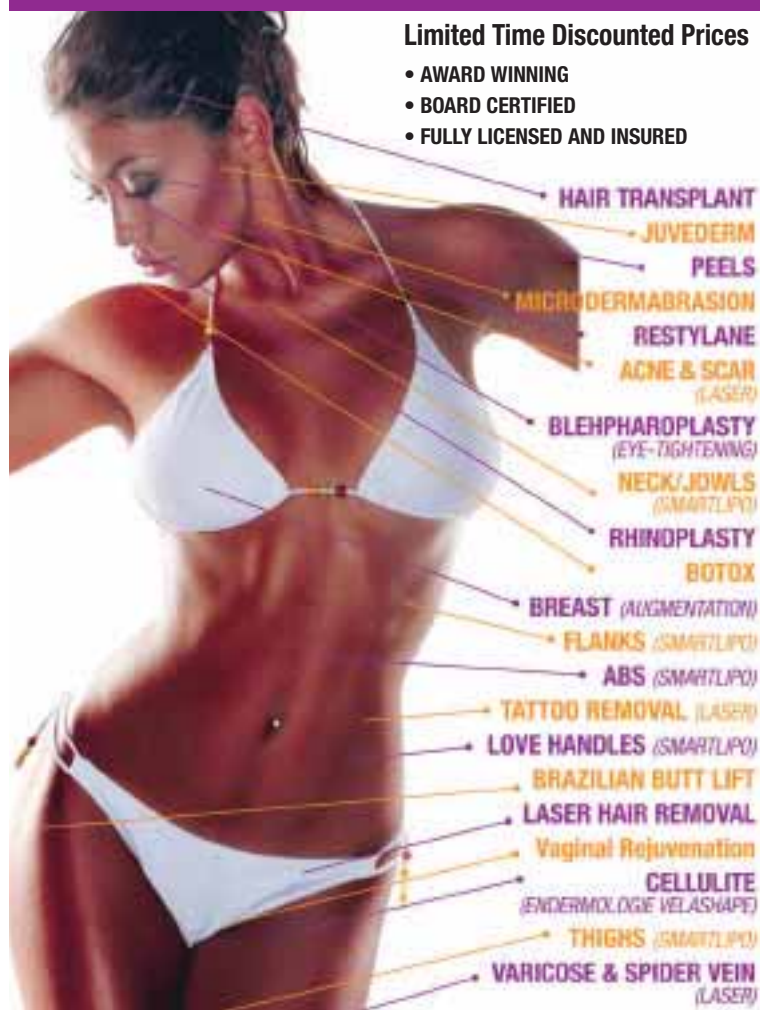
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JACK'S BACK

Jack Bauer is back to save the world (again.) "24: Live Another Day" premieres tonight at 8 on Fox. / GREG WILLIAMS/FOX

Interview. Why the actor who spent eight seasons playing the government agent was "terrified" to return to the role.

Jack Bauer's seen better days.

Granted, over the eight-season span of the heart-stopping Fox drama "24," he's seen worse days, too. Suffice to say, the former Counterterrorism agent isn't in a good place when he returns in the 12-part "24: Live Another Day."

The reboot opens four years after the finale, which found Jack (Kiefer Sutherland) a fugitive from the U.S. He's being hunted by a CIA agent (Yvonne Strahovski) but comes out of hiding in London for a mission to prevent global disaster. Sutherland was scared to jump back in after a four-year hiatus.

"I used to get terrified in between each season,"

Traveling

London as plot device

Yes, setting "24: Live Another Day" in England means we'll get to witness high-octane action scenes in front of the Tower of London and double-decker buses being blown up. But London also serves a critical point in the storytelling.

"In this 12-hour arc, we'll be following the president of the United States and the prime minister of England, which will be a very interesting look into how the deals [they make] — or how we perceive those deals — are done," Sutherland says.

"Many times, what we perceive as some kind of treaty is involving things that we know nothing about. We're examining that in the course of the show."

he admits. "If you go away to do something else, [there's] the fear of starting up again: Am I being too hard with it, am I being too soft? To open that up again and make 12 episodes and not make them the best 12 episodes that we've ever made is frightening."

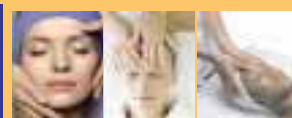
Sutherland's main concern is letting down fans. But "24" diehards may have a hard time finding fault in the new season: The clock keeps ticking, faces from Jack's past — including Chloe (Mary Lynn Rajskub) and Audrey (Kim Raver) — return, and producer Howard Gordon again leads the charge with a story Sutherland calls "fantastic."

"There's a great impetus for all of us to create something new with the show, and we've done that with a lot of new characters, certainly within the context of the storylines and the political issues," Sutherland says.

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Spidey inevitably sticks to the landing

"The Amazing Spider-Man 2," a sequel about the web-slinging superhero, snared \$92 million in U.S. and Canadian ticket sales over the weekend, taking the top spot on movie box office charts at the start of Hollywood's lucrative summer blockbuster season.

The big-budget, effects-filled movie, starring Andrew Garfield as the masked crime-fighter, is expected to rank as one of the year's highest-grossing films. In terms of international sales, it has already rung up nearly \$370 million around the globe through Sunday, distributor Sony Corp. said.

The performance of "Spider-Man 2" could not quite match the strong domestic opening for "Captain America: The Winter Soldier" in April, when the Marvel Studios film took in \$95 million over its first three days.



Amazingly, "Spider-Man" stayed on top this weekend. / NIKO TAVERNISE

"The Other Woman," a comedy about three women out for revenge on a cheating husband, finished a distant second on domestic charts, with \$14.2 million, according to estimates from tracking firm Rentrak.

"Captain America: The

Winter Soldier," another superhero sequel and previous box office champ, landed in the No. 4 slot with \$7.8 million from Friday through Sunday, behind "Heaven Is for Real," a faith-based drama and Sony release which grabbed third place with

Box office. The summer movie season begins with another comic book sequel making gobs of money.

Top 5 earners

- 1 'The Amazing Spider-Man 2,' \$92 million
- 2 'The Other Woman,' \$14.2 million
- 3 'Heaven Is for Real,' \$8.7 million
- 4 'Captain America: The Winter Soldier,' \$7.8 million
- 5 'Rio 2,' \$7.6 million

\$8.7 million for a \$65 million box office total in just its third week of release.

Rounding out the top five, animated sequel "Rio 2," about a family of rare Brazilian birds, collected \$7.6 million to bring its box office total to \$106 million. **REUTERS**

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TV watch list



COMEDY

'Two Broke Girls'

Say goodbye to the ladies for the summer, as Max gets her high school diploma and reconnects with her estranged mother.

CBS, 8 P.M.

Don't worry, cast of "Two Broke Girls." You'll be back in the fall. / DARREN MICHAELS

DRAMA

'The Blacklist'

It's part one of a two-part season finale for the James Spader-starrer. Liz is refusing to work with him — but, like the rest of us, she probably won't be able to resist him for long. **NBC, 10 P.M.**

DRAMA

'Bates Motel'

In yet another finale, your favorite psycho is signing off for the season as Norman is haunted by his past. He's probably not going to get over that, is he?

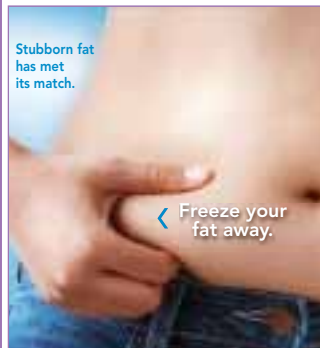
A&E, 10 P.M.

DRAMA

'The Tomorrow People'

It's also the season finale for those teens of tomorrow, as Stephen tries to stop the extermination of humanity. No biggie.

CW, 9 P.M.
LISA WEIDENFELD



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The HPV vaccine is recommended for women up to age 26. / PHOTODISC

Stats

60-70%

"Sixty to 70 percent of sexually active women under 25 have been exposed to HPV," says Dr. Divya Gupta, assistant professor of obstetrics and gynecology at Weill Cornell Medical College in New York City.

Checkup. It's cervical cancer, and here's what you need to know.

Unlike most cancers, cervical cancer is almost 100 percent preventable.

Nearly all cervical cancers are related to HPV infection, which is spread through sexual contact with an infected person. Studies detect HPV in well over 90 percent of women who are diagnosed with the disease — although conversely, many people have been infected with HPV but will never develop cervical cancer.

"Sixty to 70 percent of sexually active women under 25 have been exposed to HPV," says Dr. Divya Gupta, assistant professor of obstetrics and gynecology at Weill Cornell Medical College in NYC. But she adds that in most of them, the infection will regress on its own, unless it's more

aggressive type.

"It's the persistence of HPV infection that can lead to precancer lesions and ultimately cancer," says Dr. Panos Konstantinopoulos, oncologist at the Susan F. Smith Center for Women's Cancer at Dana-Farber Cancer Institute in Boston.

Regular gynecological screenings are crucial, he adds, because cervical cancer can be detected before women exhibit symptoms.

In addition to regular pap tests, the Centers for Disease Control recommends HPV vaccinations for girls and boys as young as 11 or 12. The vaccine has shown to be so effective that some experts credit it with the continuing drop in cervical cancer rates in the U.S. Concerned about falling vaccination rates, the CDC issued a statement in July saying that the HPV vaccine is "safe, effective and grossly underutilized."

VIRGINIA PELLEY
@MetroBOS
letters@metro.us

Get your pap

What is HPV?

The human papilloma-virus inserts unhealthy genes into cervix cells. Doctors have a very high success rate treating

the disease, however, because the pap test is such an effective screening tool, says Dr. David Hyman, oncologist at the Memorial Sloan Kettering Cancer Center in NYC.

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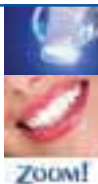
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This week in health news

Laughter's effects mimic those of deep meditation

Location of study: U.S.
Study subjects: 31 people
Results: It appears that laughter may be the best medicine for both your body and your brain. A recent study from Loma Linda University found that joyful laughter produces brain waves that are similar to those associated with deep meditation. When engaging in mirthful laughter, participants produced brain gamma wave band frequencies much like what's seen in people who reach a state of contentment and happiness through meditation. To gather this information, researchers had participants watch several short videos. Humorous clips induced the above mentioned brain activity, while spiritual videos sparked brain activity similar to when a person is at rest. However, when participants watched distressful clips, they exhibited flat



brain wave bands. This type of brain activity is associated with detachment and escape.

Significance: Researchers say joyful laughter gives the brain a workout and allows for clearer thinking and more integrative thoughts. "This is of great value to individuals who need or want to revisit, reorganize or rearrange various aspects of their lives or experiences, to make them feel whole or more focused," principal investigator Dr. Lee Berk said in a statement. The study suggests that humor associated with mirthful laughter could be a beneficial lifestyle intervention that promotes wholeness and better health. The act of laughing may also improve symptoms related to chronic medical conditions.

Content provided by ZipTrials.us, a trusted source for health news and clinical trial registration

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Laughter really is good for the body. / DIGITAL VISION

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- Is your weight affecting the way you live your life?



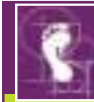
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Monday, May 5, 2014

JOBS 38

High-powered women share secrets of success

Go for it

Gloria Steinem

Journalist and activist

What advice were you given that you found useful?

I guess it comes under the general heading of "Do it anyway." You're not supposed to go to India by yourself at age 22 when you don't know anybody there, but do it anyway. You're not supposed to have your own byline or write a particular kind of piece, but do it anyway.

Do you think it's easier or harder for women to be successful in the workplace today than it was when you started out?

It's much easier. We've gone from one token to a minority. But we're still not 50/50. The people in power have to overcome their prejudices.

Words of wisdom.

Five successful women pass on their best advice.

Some of the most successful women in the field of communications gave us their best advice for making it in the industry at the 2014 Matrix Awards, held last week in New York City.

Queen Latifah

Musician, actress, TV host

Did you overcome any hurdles in your career because you're a woman?

I know for sure that there were obstacles I had to overcome being a female in hip-hop. No. 1: It was a male-dominated field, so I had to make a name for myself as a woman in hip-hop. And even then the record labels wouldn't spend as much money on marketing female rappers as they did on male rappers, so that was another hurdle we had to overcome. ... I was fortunate to partner with a male, a guy who is the right side of my body. If you see him, you basically see me too. We respected each other's dreams and goals and supported each other.



Queen Latifah and Mary J. Blige were on hand at the Matrix Awards last week. / MARYANNE RUSSELL

Jane Mayer

Journalist for The New Yorker

What advice can you give to women who want to succeed in their careers?

Don't take no for an answer. Look for work you love and then try to shape it the way you want it to be. It takes a lot of pushing back sometimes. But when my daughter was really little, I managed to work part-time by just kicking and screaming and just saying I needed to spend some time with her. And I really am glad I did that, and yet I wouldn't give up my job at the same time.

Mary J. Blige

Singer

What advice can you give to women who want to succeed in their careers?

You have to believe in yourself. And you have to believe in yourself more than anyone else does. Don't be afraid to be honest with yourself about what you can and can't do. It will work for you at the end of the day. The self-love thing is not cliché. It's real! If you don't have it, you will not survive.

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Horoscope

Taurus | April 21-May 21. Practical information will come from an unusual source. If you listen carefully, you will find a workable solution.

Gemini | May 22-June 20. Moneymaking conditions are favorable. Venture away from the routine. If you discover a line of work, try to arrange an interview.

Cancer | June 21-July 22. Keep your comments to a minimum and your ears open for interesting information. Others may perceive what your positive criticism differently.

Leo | July 23-Aug. 22. Be shrewd and avoid taking part in dubious joint ventures. You should make time with people who have something serious to offer.

Virgo | Aug. 23-Sept. 22. Check out the inexpensive events taking place in your community. They'll give you a chance to meet people.

Libra | Sept. 23-Oct. 22. Keep a handle on your emotions. Good things are on the horizon, so strive to keep things moving along peacefully instead of letting your moods take over.

Scorpio | Oct. 23-Nov. 21. Your conversational skills will ensure that you meet interesting people. New possibilities will develop.

Sagittarius | Nov. 22-Dec. 21. You have been so preoccupied with career and domestic demands that you are likely to burn out if you don't take precautions.

Capricorn | Dec. 22-Jan. 20. Don't get drawn into a quarrel. Controlling your temper and choosing diplomacy over demands will help you remain neutral.

Aquarius | Jan. 21-Feb. 18. Old and new friends will be won over by your artistry and imagination. Socialize with people who have similar interests.

Pisces | Feb. 19-March 20. Take the idea you've been contemplating and turn it into something concrete. Get active and make changes.

Aries | March 21-April 20. Save your aggressive tendencies for the field or the gym. Overly forceful behavior with friends, family or colleagues will result in conflict. **BERNICE BEDE OSOL**

Letters

Happy 10th, Metro!

Looking real good for 10! Happy birthday, Metro. Many thanks to you for keeping us all informed and entertained.

RICARDO ANTONIO CANALES, HARLEM

Congratulations on your 10th birthday. I love reading this paper. You have all of the information in a small newspaper, which is perfect.

GLORIA GAUDIOSO, VIA EMAIL

It is great for me to have a newspaper every morning to know the actuality of New York City and Metro is perfect, easy, interesting! Happy, happy birthday and we want you more than 10 years with us!

ANTONIO DAVALOS, VIA EMAIL

Racism isn't universal

Re: 'Everyone's a little bit racist' (Metro, May 2-4) I thoroughly disagree that "everyone's a little bit racist." Almost anyone can have an "issue" with individuals in a specific ethnic group without trampling on the entire race as Sterling did. As Oprah Winfrey said, his is a "plantation" mentality that all people of color, including myself, had hoped was over. I define discrimination as subtle as opposed to racism which is blatant and anger driven. Sterling is getting exactly what he deserves.

PATRICIA MCKENZIE, VIA EMAIL

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Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

4		8						
		6				3	7	8
	1			9	7		5	
		5	9	8	2		1	
	3		1	7	5	6		
	5		4	6			3	
1	6	7				9		
						2		1

			8	2		7		5
				1			4	
2		9			7			
9	2	5	6				7	3
8	1				3	5	6	9
			7			8		4
	7			3				
5		1		6	2			

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Mukluks
- 6 Nose stimulus
- 10 Reckless
- 14 Lissome
- 15 Quiet inlet
- 16 Part of A.D.
- 17 From Japan
- 18 Dash
- 19 Footnote word
- 20 Gift
- 22 Salad follower
- 24 Perlman and Silver
- 25 Tends the lawn
- 26 Maria Conchita —
- 30 Ex-superpower
- 32 Fisherman's fly
- 33 Cable channel
- 35 Timex rival
- 40 In the dark
- 42 Go on the lam
- 44 Republic near Italy
- 45 Engineering toy
- 47 — au lait
- 48 Oater actor Tim —
- 50 Opening remarks
- 52 Preferences
- 56 Basilica part
- 58 Shuns
- 59 Is cautious (2 wds.)
- 64 Mattress category
- 65 Route for Ben-Hur

- 67 Pantyhose hue
- 68 Head for the hills
- 69 Taxi rider
- 70 Summer-camp sites
- 71 Patio view
- 72 — St. Laurent
- 73 Perpendicular

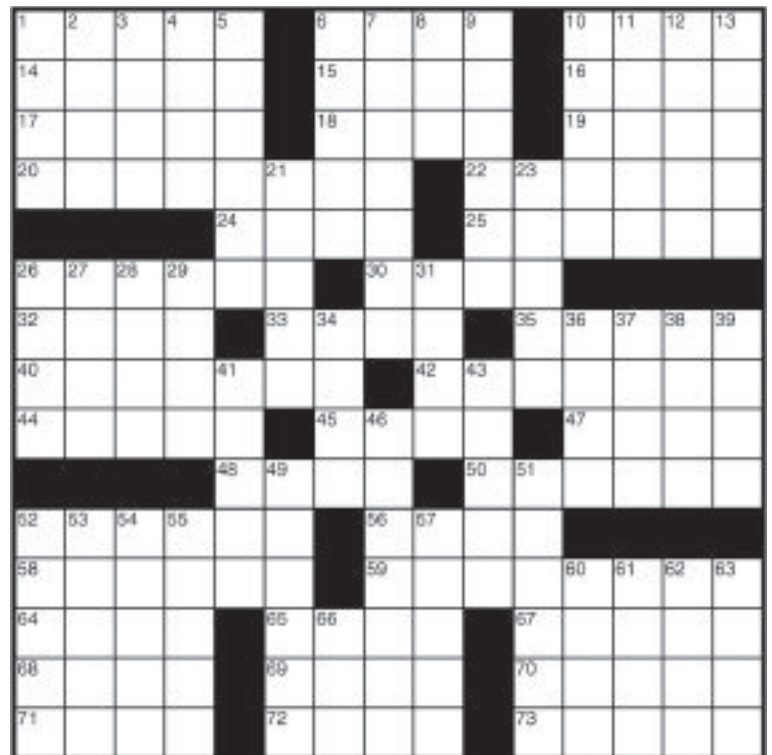
Down

- 1 Spill the beans
- 2 Belgian river
- 3 Bluesman — Redding
- 4 One of those
- 5 Latin gentlemen
- 6 Globe feature
- 7 Primps (2 wds.)
- 8 Future fish
- 9 Keeps subscribing
- 10 "Luck of the Draw" singer
- 11 Maestro Previn
- 12 Look of disdain
- 13 Dens and burrows
- 21 Swain
- 23 DEA agents
- 26 Styptic
- 27 Pale-green moth
- 28 By mouth
- 29 Kid in "Aliens"
- 31 Hitch in plans
- 34 Auction off
- 36 Bank dep.

- 37 Go hang-gliding
- 38 Data
- 39 Keats' works
- 41 Oohed and —
- 43 City in Idaho
- 46 Knickknack stand
- 49 Become rigid
- 51 Hershey competitor
- 52 Saltwater —
- 53 St. Teresa's town
- 54 More peevish
- 55 Used a stopwatch
- 57 Sponge features
- 60 German industrial region
- 61 "Cool Hand —"
- 62 Sheikh's cartel
- 63 Left, on a map
- 66 Hebrew T

Weekend's answer

OOZES	BLOTS	BIO
BROOK	LARVA	ARC
TRONY	IDEAL	BEE
HUGE	AGENA	
SPANISH	COARSEN	
RENEGE	BURMA	
TENTH	FALLS	FOR
AVE	HASIL	RUE
EXTRUDES	OPALS	
WILES	ABATES	
CASITAS	PRECED	
HOLTZ	TRAY	
ITHA	INDIA	INTEL
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3

SPORTS

Watch online



Find video and recap of last night's Rangers-Penguins Game 2 at: Metro.us/sports.

What we learned

1 Can, but shouldn't
The Nets finally won a game in the postseason without getting a big effort from Deron Williams, who was just 3-for-8 with 13 points. It's nice to know the Nets can win without him, even if they shouldn't have to. A big reason were the 17 points from Marcus Thornton.

2 Garnett looks young
Brooklyn out-rebounded the Raptors, 42-38, for just the second time in the series. (They did it in the Game 6 win as well.) Kevin Garnett especially stepped up with 11 boards. It was the first time he had double-digits in the series and just the third time since Feb. 1.

3 Riding the pine
The bench was a huge factor in getting the Nets the win in Game 7 after being quiet much of the series. The reserves combined for 38 points. In addition to Thornton's 17, Shaun Livingston had 10 points and Andray Blatche had nine. They'll need that against Miami. **MARK OSBORNE**

Nets barely hang on, advance to face Heat

NBA playoffs. The Nets hung on to grab the first ever Game 7 win in franchise history.

When Paul Pierce said at the beginning of the Nets-Raptors series that you "couldn't buy clutch," he wasn't referring to his defensive prowess.

But the 36-year-old veteran came through with his biggest play as a member of the Nets when he blocked Kyle Lowry on a drive to the basket with seconds left on the clock to give Brooklyn a 104-103 Game 7 win.

The Nets advance to face the No. 2-seeded Heat beginning on Tuesday night. Brooklyn was 4-0 in the season series against the defending NBA champions.

Schedule

The NBA has yet to release all the times, but we know the schedule for Heat-Nets.

- at Heat, Tuesday, 7 p.m.
- at Heat, May 8, 7 p.m.
- at Nets, May 10, 8 p.m.
- at Nets, May 12, TBD
- at Heat, May 14, TBD
- at Nets, May 16, TBD
- at Heat, May 18, TBD

The Nets led almost the entire game, before a 12-point lead with under five minutes to play slipped to a one-point lead. The Nets turned the ball over on an inbound play with seven seconds left, setting Lowry up for the eventual attempt at a game-winner.



MARK OSBORNE
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Paul Pierce stuffs Kyle Lowry's last-second attempt to win the series for Toronto. / GETTY IMAGES

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NHL playoffs. Series even at 1-1 as Rangers shut out by Penguins

The Rangers will have to be content with earning just one win on the road to start their series with Pittsburgh.

The Penguins bounced back from a Game 1 loss to tie up the series with a 3-0 win in Game 2 Sunday night.

The two sides battled to a scoreless, though penalty filled, first period. The Penguins committed four penalties, while the Rangers committed two.

The same problem which has plagued New York throughout the postseason cropped up again on the power play. The Rangers were 0-for-3 with the man advantage in the first period and 0-for-4 in the game.

Meanwhile, it was a Rangers mistake which set up the crushing second goal for Pittsburgh.

With the score already 1-0 on a Kris Letang goal 10:26 into the second period, Jussi Jokinen put the game out of reach with



KRIS LETANG HAD THE GAME-WINNER SUNDAY.

3:30 left in the game on an unassisted power-play goal after Derek Dorsett was given a penalty for boarding Chris Kunitz.

Evgeni Malkin added an empty netter with 54 seconds left to provide the final margin.

Henrik Lundqvist made 32 saves as Pittsburgh pelted him all evening. The Rangers ended up losing the shots on goal battle, 35-22. That made it an easy night for Penguins goaltender Marc-Andre Fleury.

There will now be a quick turnaround with Game 3 at MSG on Monday night at 7:30 p.m.

METRO

Rays 5, Yankees 1

Sabathia roughed up in loss to Rays

CC Sabathia struggled through 3 2/3 innings in a 5-1 loss to the Rays Sunday.

The Rays won the series as the Yankees now prepare to take a six-game road trip.

"I'm frustrated," Sabathia said. "I didn't have it today. I didn't get a good feel for the changeup and the fastball was all over the place." **METRO**

Mets 5, Rockies 1

Mets win series in Colorado

The Mets won two of three in Colorado thanks to another strong outing from Dillon Gee (six innings, zero runs).

Juan Lagares and Daniel Murphy went 5-of-9 with three runs scored at the top of the lineup. **METRO**

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■ **AVAILABLE IN MANHATTAN:** New Life Nutritional Centre 714 W. 181 St. Cash Rx Plus 746 10th Ave. @ W 51st St Cordette Drugs 55 W 39th St @ 6th Ave. Cross County Pharmacy 1514 Madison Ave. @ 103rd Food For Health 1653 3rd Ave. New London Pharmacy 246 8th Ave @ 23rd St. A Matter of Health 1478 1st Ave. @ E 77th St. Ajanta Pharmacy 2718 8th Ave. @ 145th St Arrow Pharmacy 883 9th Ave. @ 57th St. Blake Pharmacy 1868 3rd Ave. @ 103rd St. Bliss Pharmacy 1590 Madison Ave. @ 107th St. C & C Nutrition 561 W 179th St. @ St. Nicholas Ave. Dile Punab Deli 170 9th Ave @ 20th @ 21st St. Harlem RX Pharmacy 102W. 116TH St. Health IS Wealth 184 7th Ave. Earth Matters 177 Ludlow St. @ Houston St. Elm Health 1695 1st Ave. @ E 88th St. Metro Drugs 7 West 14th St. near 5th Ave. Metro Drugs 931 Lexington Ave. @ 68th St. #92 Pharmacy 1938 2nd Ave. @ E. 100th St. VLV Med Pharmacy 4085 Broadway St. Earth Matters 177 Ludlow St. @ Houston St. Gary Nul's Uptown Whole Foods 2421 Broadway St. Health Harvest 820 2nd Ave. Natural Green Market 162 3rd Ave. Pro Health Pharmacy 385 2nd Ave. Pro Health Pharmacy 370 Lexington Ave.

■ **AVAILABLE IN ALL BOROUGHES OF NEW YORK CITY CALL US FOR FURTHER INFORMATION:**



In other towns try your local health food stores first. If they don't have it and don't want to order it for you, order on our website or call us with Visa or Mastercard. S & H \$9.95.

www.BellLifestyle.com 1-800-333-7995

Bell uses the power of nature to help put life back into your lifestyle

CLEAR SKIN

Dr. C. Hammoud, Master Herbalist, PhD, guarantees satisfaction. Helps to maintain healthy skin from the inside simply by cleansing the blood, instead of attacking the skin from the outside with creams or washes. "This makes sense. Usually you can see how it benefits your skin within days. "Many people wrote they were surprised how fast it worked. Lots of testimonials from pleased users on our Bell website. There is absolutely no risk for trying Dr. Hammoud's product."



■ **Last couple of years I tried everything.** Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. *Nelisa Royer, 28, Doral, FL* ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. *Christopher Seraphin, 14, Brooklyn, NY* ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. *Agnes Casillas, 60, New York, NY* ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. *Yvette Maclean, 40, Lodi, CA* ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. *Eulalia Isabel Sanchez Martin, 30, Brampton, ON* **Skeptics can call everybody. All are real people like you or your friends.**



#23

SNORING?

As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**